

Let's Talk About Touching with Peggy Porcupine

CHILDREN'S EDUCATIONAL COLORING & ACTIVITY BOOK

Parents & Guardians
PARTICIPATE & DISCUSS
THE APPROACH TOGETHER

**FAMILY
Support**
"The Heart of Fairchild"

Let's Talk About Touching with Peggy Porcupine



This book belongs to

**Hi there! My name is Peggy
and I'm a porcupine.**



**We porcupines know how to stop anyone from touching
us or bothering us. We throw our sharp quills.**

**Kids don't have quills. So for you to stay safe,
you have to be smart.**



**Here are some things to do if someone ever bothers you
or tries to touch you in a way that makes you feel icky.**

**We all have what are called body boundaries.
These places, covered by your bathing suit are
your private parts.**



No one should touch your private parts!

**If someone touches you or
your private parts, say NO!**



**Remember to YELL and TELL a
grown-up that you trust!**

**If someone asks you to keep a secret about touching, say,
"No, I'm going to tell!"**



There are lots of different kinds of secrets. There are safe secrets and tell secrets. Surprise parties and gifts are safe secrets. Tell secrets are things that make you feel scared or uncomfortable. Tell them to an adult who will help you!

Your body belongs to YOU!



**Nobody should touch your body
without your permission.**



Know the difference between safe touching, a hug from your mom or dad, and unsafe touching from a stranger.

It is OKAY to say NO to an adult if you are frightened or don't want to do something.





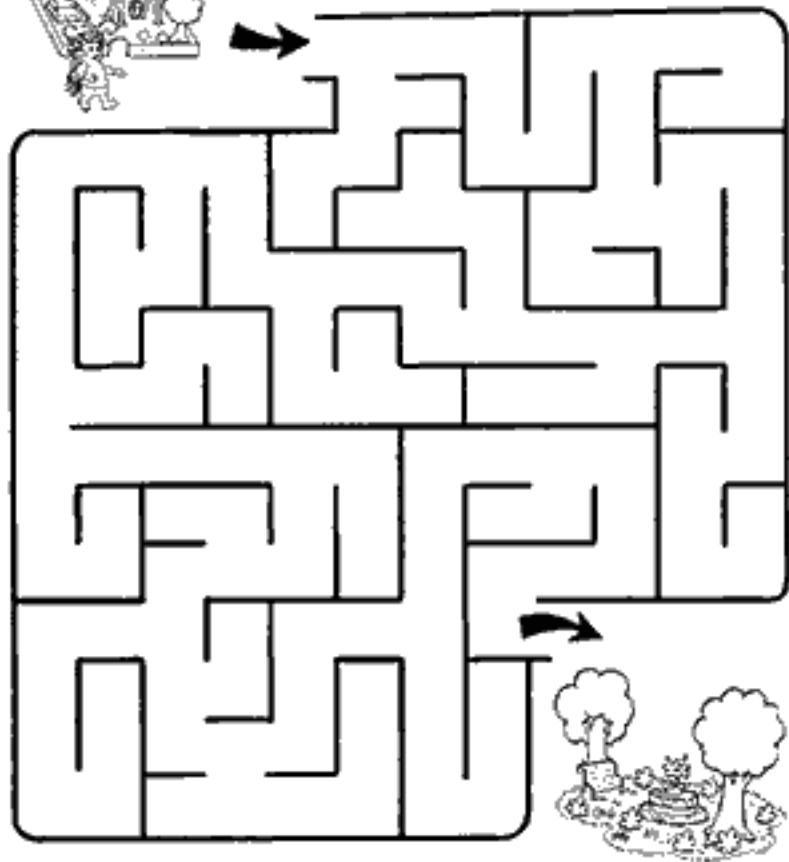
Let a trusted grown-up know if you have a problem, no matter how scary or embarrassing. They will listen, believe you and help you.

Trust yourself. If you feel that something is wrong or uncomfortable for you, remember
RUN! YELL! TELL!



A-MAZING!

Help Peggy the Porcupine find her way from the playground to the park.



THE WORDS ARE ALL MIXED UP



Can you unscramble the them?

HINT: The word begins with the letter in black

1. **ch**uot _____
2. a**f**se _____
3. e**c**tesr _____
4. **t**smra _____
5. u**s**trt _____
6. **l**elt _____
7. v**t**apier _____
8. **y**bdo _____

FILL-IN FUN



Fill in the missing word

1. **Be _____, stay safe.**
2. **Know your _____ boundaries.**
3. **There are safe _____
and ones you must tell.**
4. **It is OK to say NO to an _____.**
5. **Tell a grown-up if you _____
uncomfortable.**

WHAT'S THE DIFFERENCE?

Peggy is playing in the park.
What's different about her?



Time to Laugh!

Some of Peggy's favorite animal funnies.

1. Where do polar bears vote?
2. What do pigs put on sore toes?
3. What dog keeps the best time?
4. Why did the hummingbird hum?
5. Why do seagulls fly over the sea?
6. How do you keep a snake from striking?
7. What do you get from a pampered cow?
8. What did the porcupine say to the cactus?



ANSWERS:

1. The North Pole
2. Ointment
3. A watchdog
4. He forgot the words
5. Because if they flew over the bay they would be seagulls
6. Pay it doesn't wag
7. Spoiled milk
8. Is that you, porcupine?

Let's Talk About Touching with Peggy Porcupine

*I promise to be smart, stay safe
and remember what Peggy said
about touching!*

Sign your name here



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