

STOP LOOK & learn™

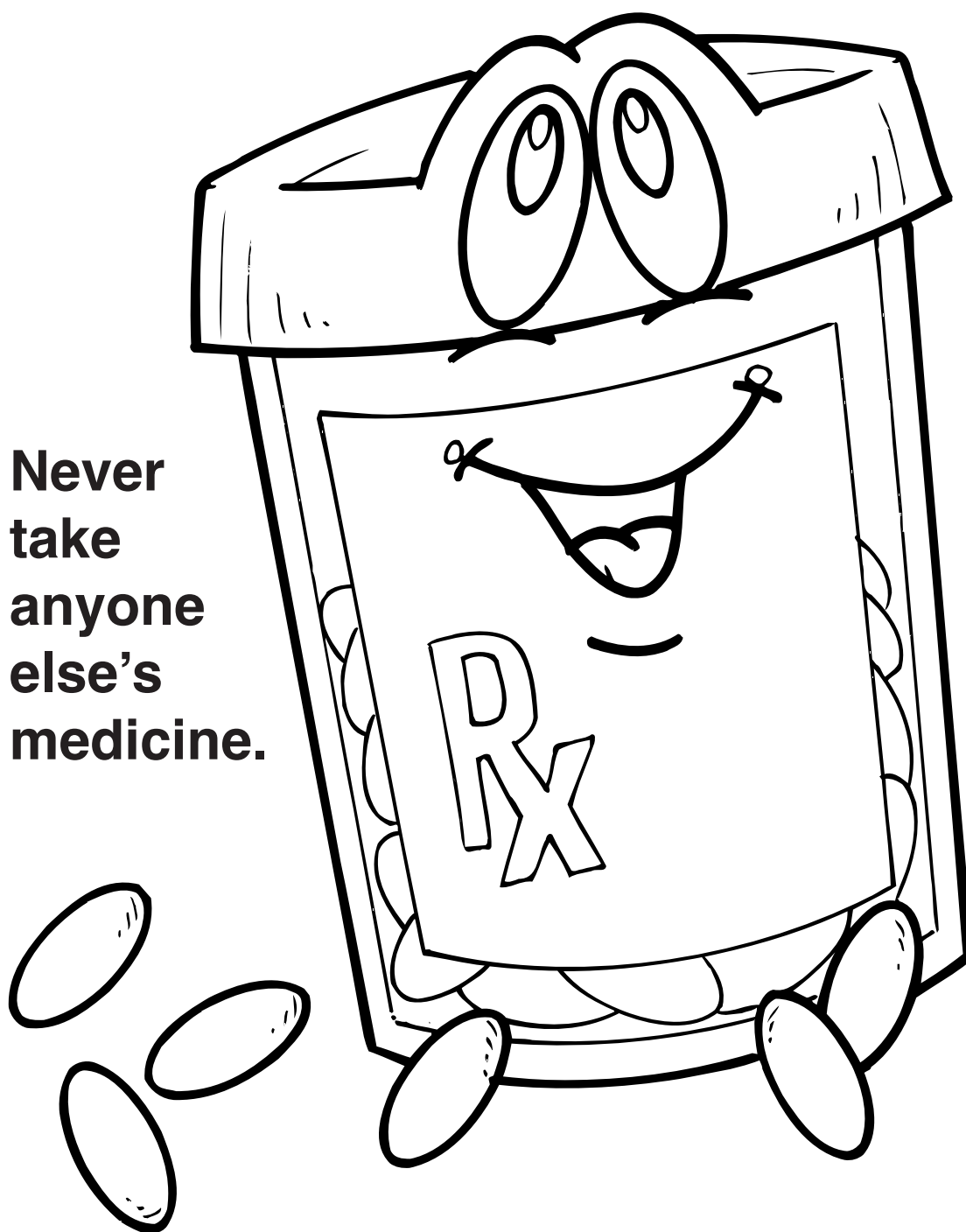
We Don't Need Drugs

An Educational Coloring & Activity Book



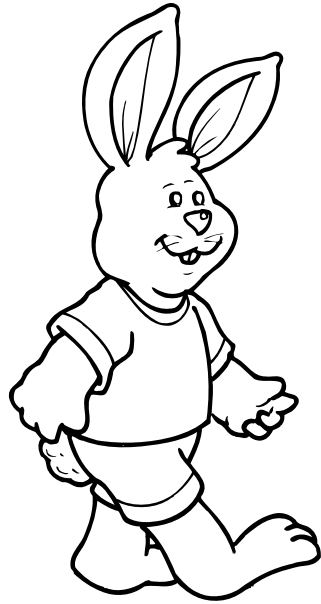
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**Never
take
anyone
else's
medicine.**



Drugs are any chemical that can affect your mind or body. Some drugs are meant to be taken only when you are sick. These drugs are called medicine. You should only take medicine given to you by your parents or another responsible adult.

- 1 = a
- 2 = b
- 3 = c
- 4 = d
- 5 = e
- 6 = f
- 7 = g
- 8 = h
- 9 = i
- 10 = j
- 11 = k
- 12 = l
- 13 = m
- 14 = n
- 15 = o
- 16 = p
- 17 = q
- 18 = r
- 19 = s
- 20 = t
- 21 = u
- 22 = v
- 23 = w
- 24 = x
- 25 = y
- 26 = z



Match the letters
to the numbers
and write
the secret
message!

13 1 11 5 20 8 5

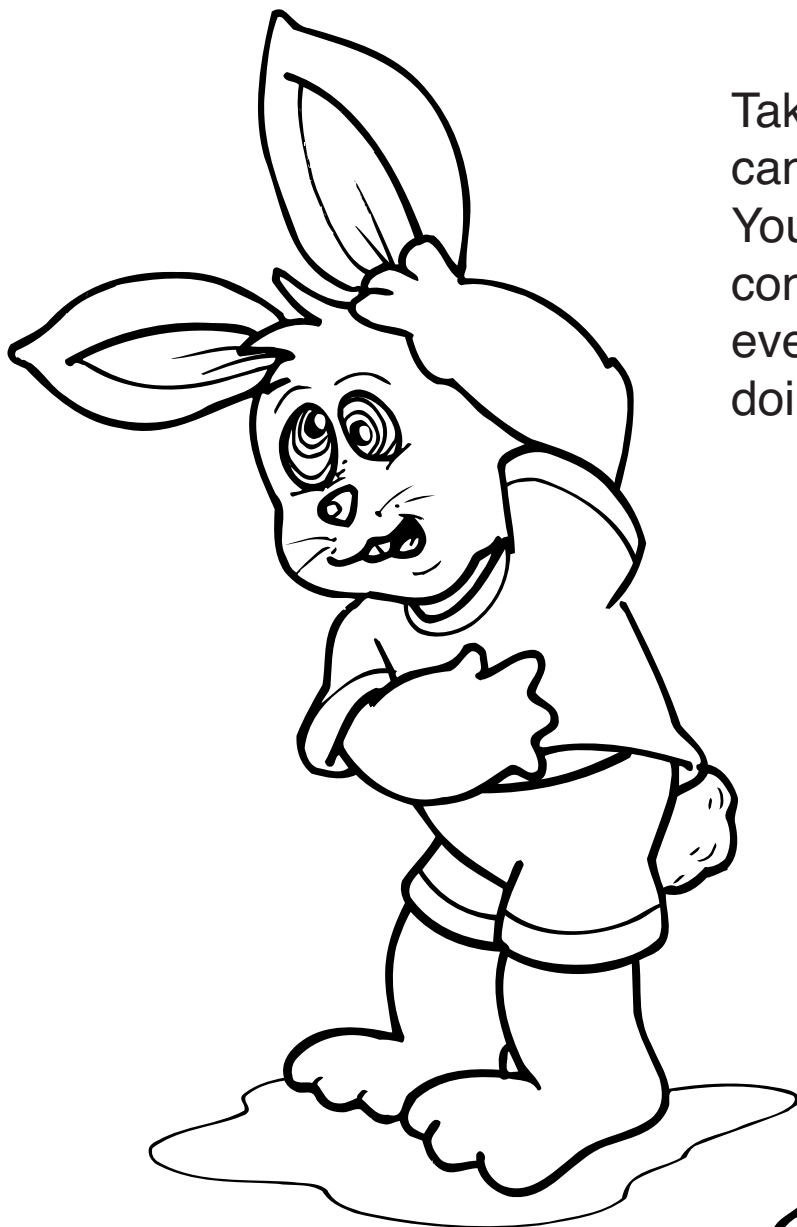
18 9 7 8 20

3 8 15 9 3 5 **!**

10 21 19 20

19 1 25 14 15 **!**

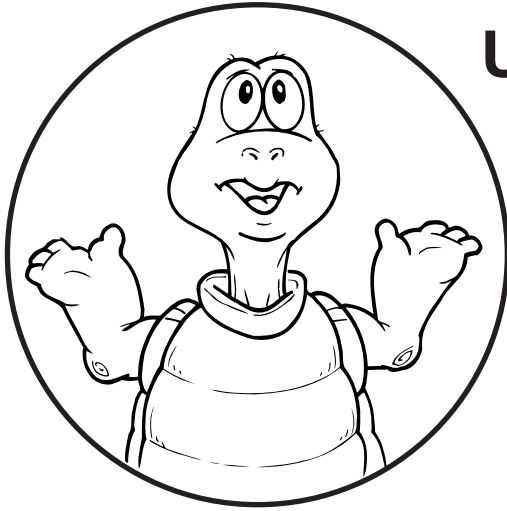
ANSWER: Make the right choice. Just say no!



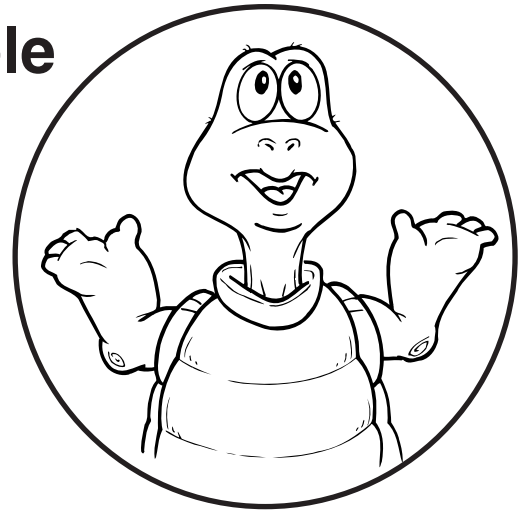
Taking drugs or alcohol can make you very sick. You might become very confused. You might not even know what you are doing.

By not taking drugs or alcohol you can lead a happy and healthy life. You will be more alert to what is going on around you.





**Unscramble
the
words.**



1. atehielr _____

2. cboctoa _____

3. sesiedas _____

4. etsiuonqs _____

5. cidvidate _____

6. ciendmie _____

7. imcealcsh _____

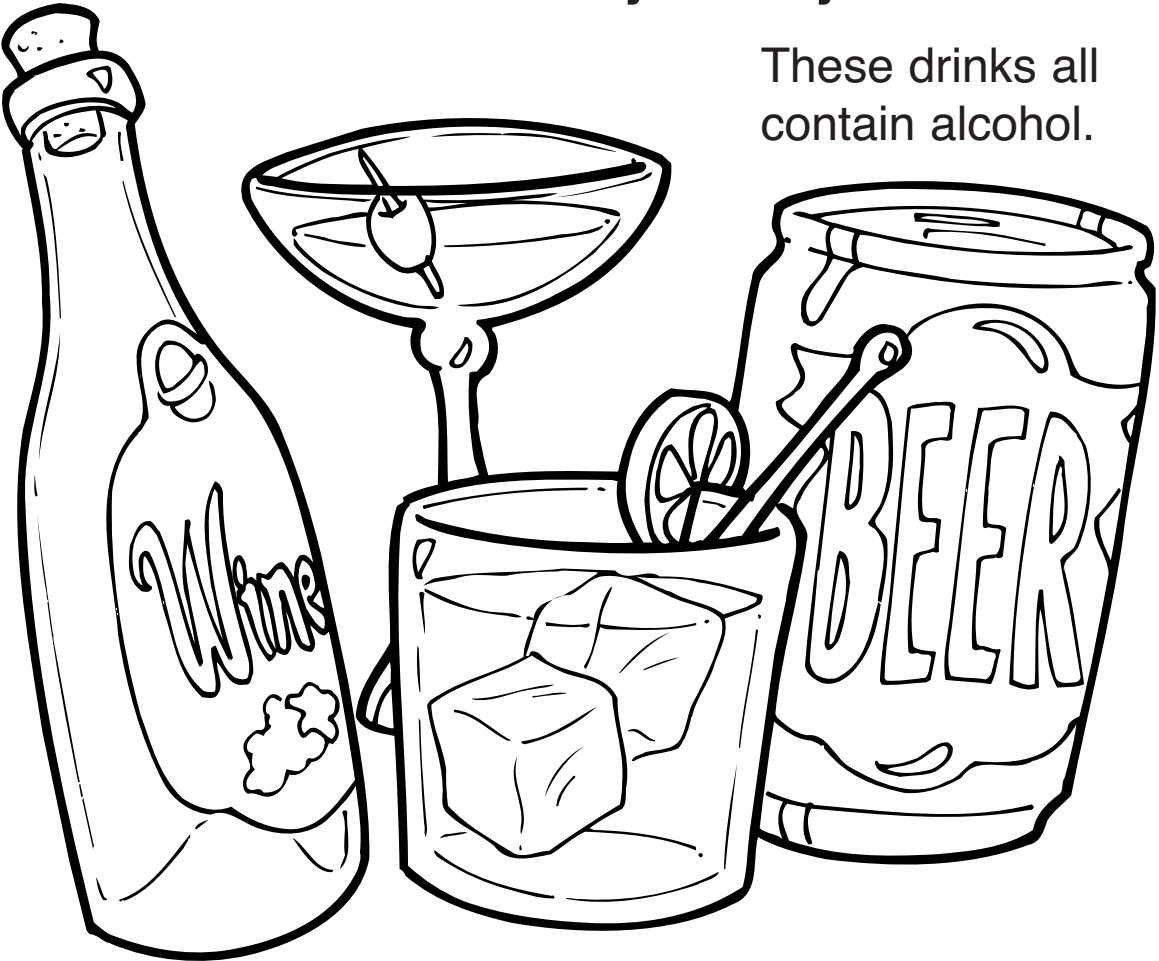
8. exferlse _____

ANSWERS: 1. healthier 2. tobacco 3. diseases 4. questions 5. addictive 6. medicine 7. chemicals 8. reflexes



These are some safe drinks.

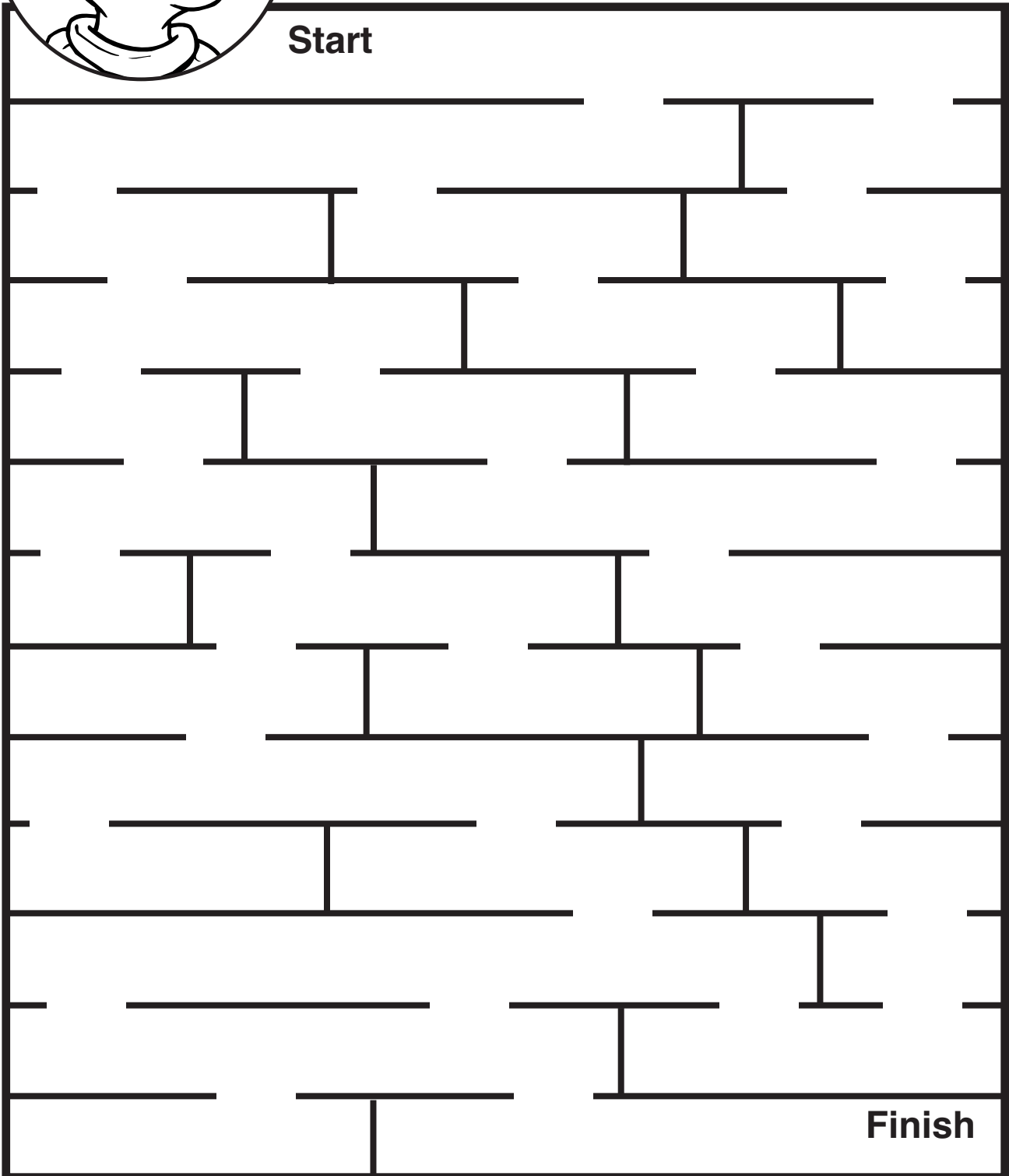
We don't need alcohol! ALCOHOL IS A DRUG that could make you very sick.



These drinks all contain alcohol.



**Find your way
through the maze!**



**Don't be a loser!
Don't use marijuana!**



Marijuana could permanently damage your body. Smoking marijuana can cause your thinking to slow down. It can also make you forget what you are doing.

**You will be
much more
alert if you
don't use
drugs or
alcohol.**



Without drugs or alcohol in your body, your body will be healthier. You will be able to do better in sports because you will have better reflexes and more energy.



**Can you fill
in the
missing
words?**

1. Drugs are any _____ that can affect your mind or body.
2. You should only take _____ given to you by your parents or another responsible adult.
3. If you drink _____ it is a drug that could make you very sick.
4. You will have a _____ body and can do more things if you don't take drugs!
5. Smoking is very bad for you. Tobacco contains a drug called _____.
6. Ask your _____ or another responsible adult if you have any questions about drugs.
7. Smoking can also cause cancer and other _____.

ANSWERS: 1. chemical 2. medicine 3. alcohol 4. healthier
5. nicotine 6. parents 7. diseases

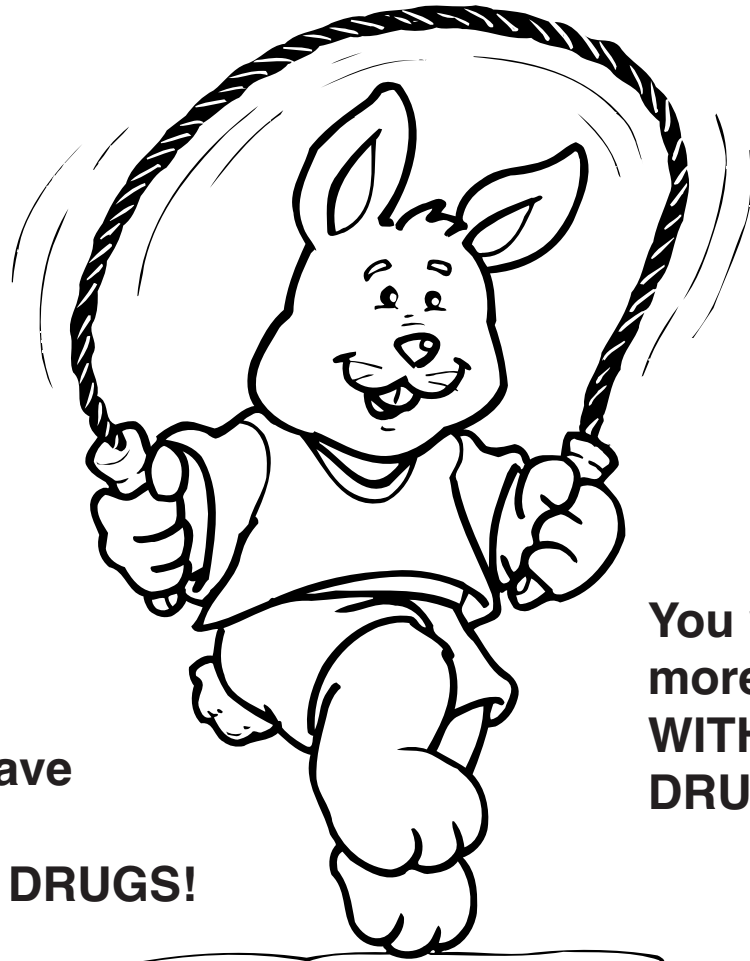


**Find and circle the words
in the puzzle.**

HEALTHY
TOBACCO
ADDICTIVE
ALERT
DRUGS

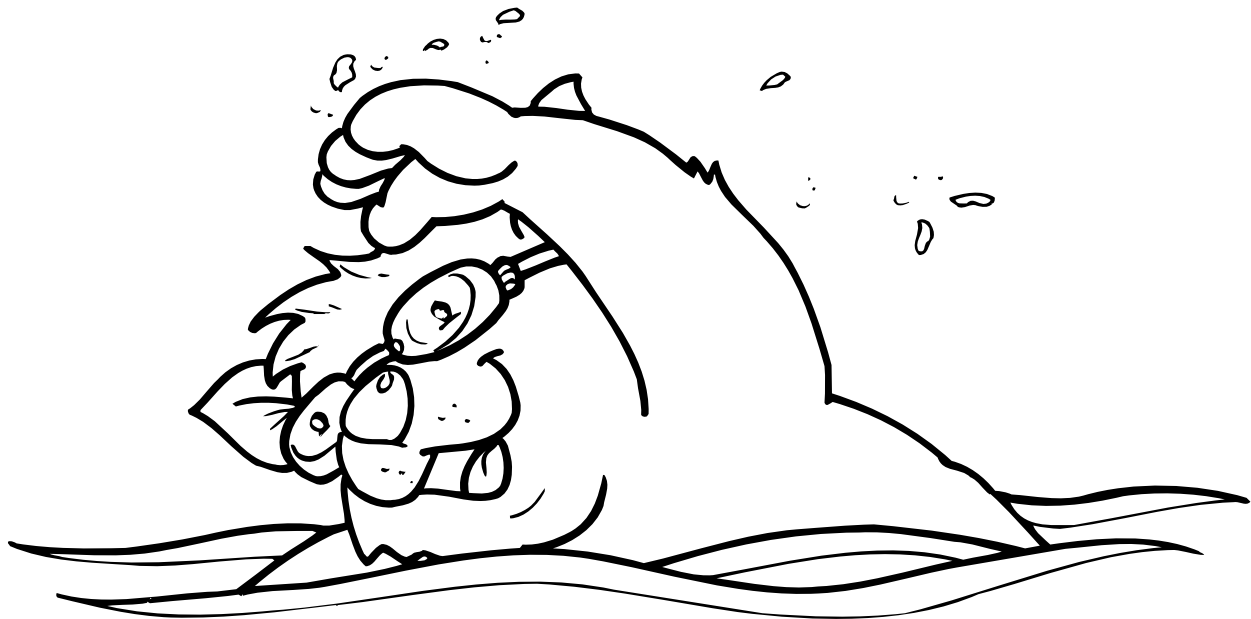
ALCOHOL
NICOTINE
REFLEX
MEDICINE
CHEMICALS

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| A | D | D | I | C | T | I | V | E | H | F |
| L | H | M | E | D | I | C | I | N | E | B |
| C | H | E | M | I | C | A | L | S | N | A |
| O | E | R | A | E | O | A | L | Q | E | N |
| H | R | E | F | L | E | X | B | E | D | V |
| O | B | V | A | B | T | N | Y | V | R | A |
| L | U | G | N | Y | A | H | L | E | U | T |
| T | O | B | A | C | C | O | Y | S | G | E |
| N | I | C | O | T | I | N | E | R | S | Q |



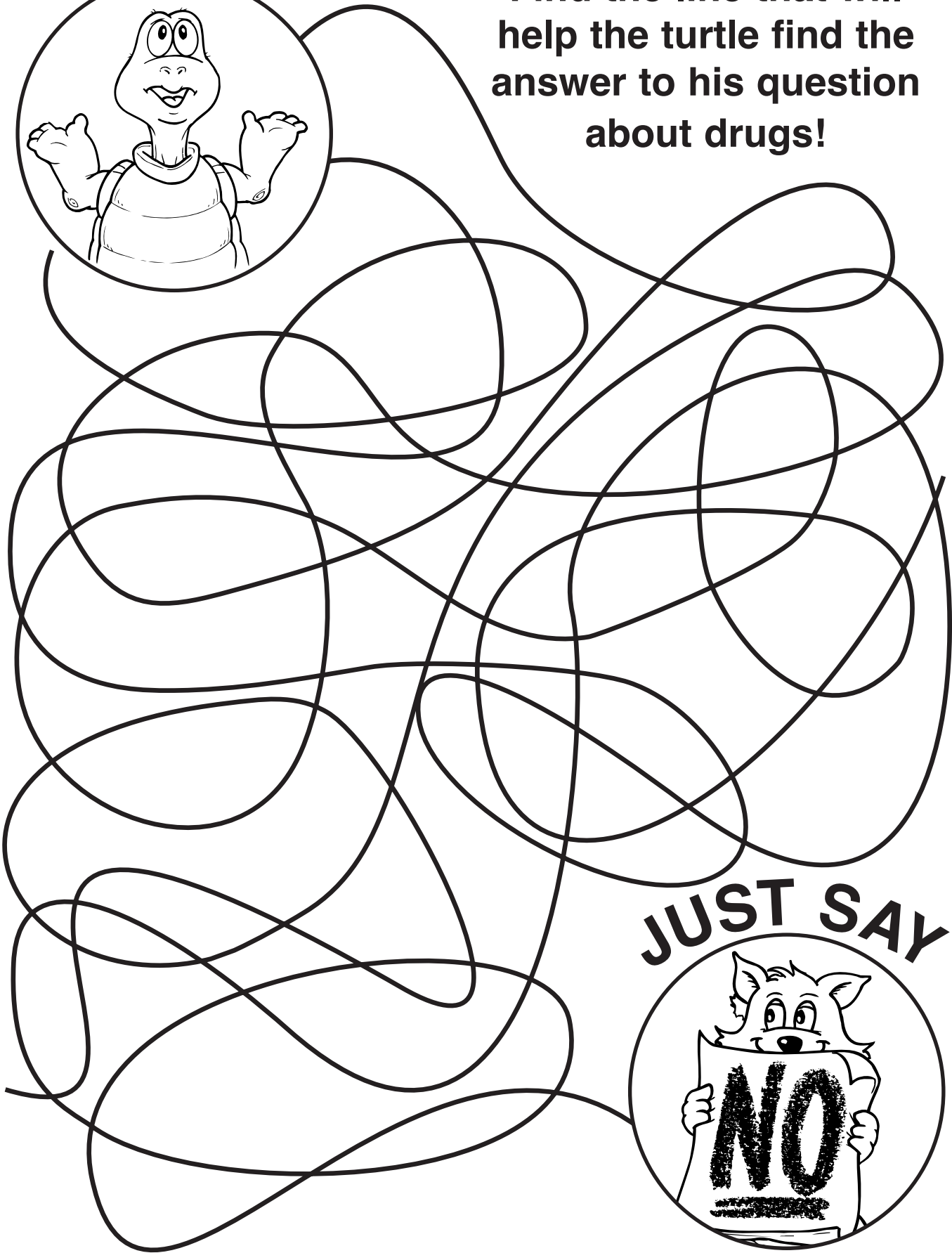
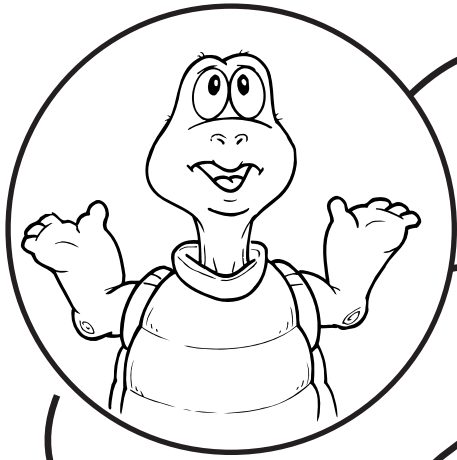
You will have
more fun
WITHOUT DRUGS!

You will have
more energy
**WITHOUT
DRUGS!**



You will have a healthier body and can do more things if
you don't take drugs!

Find the line that will help the turtle find the answer to his question about drugs!



JUST SAY



Ask your parents or another responsible adult if you have any questions about drugs. It is important to get correct information about drugs.



Smoking is very bad for you. Tobacco contains a drug called nicotine. Nicotine in tobacco makes it very addictive which means your body begins to need it and it becomes a bad habit. Smoking can also cause cancer and other diseases.



We Don't Need Drugs

I, _____, know
(PRINT YOUR NAME)

that drugs and alcohol are very bad
for me. I promise not to take drugs
or drink alcohol. I want to grow up
healthy and safe!

(YOUR SIGNATURE)